

Daniela Burchhardt, MD

Facial Plastic Surgery

Medications To Avoid

Instructions: Do not take any of the medications listed below **two weeks before** and **two weeks after** your surgery. This list may not be complete. You should check with your pharmacist before purchasing any medications around the time of your surgery.

Drugs that contain acetylsalicylic acid (ASA)

A.C. & C.	Aspirin Childrens	Equagesic	Robaxisal
A.C. & C Extra	Tablets	Fiornal	Robaxasil-C
Strength	Aspirin Coated	Fiornal- C ¼ , C ½	Robaxasil-C 1/8
Alka Seltzer	Aspirin Plus Stomach	Headache Tablets	C-1/4, C ½
Alka Seltzer Flavored	Guard Regular Strength	Herbopyrine	692
Anacin	Aspirin Plus Stomach	Instantine Analgesic	Tecnal C ¼,C
Anacin	Guard Extra Strength Tablets		C ½
Strength	Astone	Midol	Tri-Buffered
ASA			
Anacin with Codeine	Bufferin	MSD Enteric Coated	217
Antidol	Bufferin Extra Strength ASA		217 Strong
Apo-ASEN	C2 Buffered	Nervine	222
Acro Pain Tablets	C2 Buffered with Codeine	Norgesic 282	
ASA	Coated Aspirin	Norgesic Forte	282 Mep
ASA ECT	Coricidin Cold	Novasen	292
ASA Enteric Coated	Coricid "D"	Novasen Sp.C.	Vita A.C. & C
Tablets	Coricid Non0- Drowsy		Vita ASA 325
mg			
ASA Suppositories	Coryphen	Novasen Sp.C.	Other
Asacol	Coryphen Codeine	600 mg	Garlic
Asaphen	Darvon-N Compound	Nova A.C. & C	Flax oil
Asasantine	Dolomine-37	Oxycodan	
Aspergum	Endodan	Pain Aide	
Cherry/Orange	Entrophen (Regular,	Percodan	
Aspirin	Extra Strength,		
	Max. Strength)	Percodan-Demi	
Aspirin Chewable	Entrophen 10 Super	Phenaphen with Codeine No. 2, No. 3, No.4	

GLP-1 agonist medication taken weekly (used in diabetes and for weight loss)

Stop taking 1 week prior to surgery. Ok to resume after surgery

Dulaglutide (Trulicity)
Exenatide extended release (Bydureon)
Semaglutide (Ozempic)
Liraglutide (Victoza, Saxenda)

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Herbal Medication Warning

Mixing herbal medications and surgery can prove fatal from bleeding, arrhythmias, stroke, and interactions with anesthetic agents. The American Society of Anesthesiologists recommends that patients stop taking herbal supplements 2 weeks before surgery and 2 weeks after surgery:

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- Agrimony (Agrimonia Eupatoria, Agromonia, Cocklebur)
- Alfalfa (Medicago Saliva, Lucerne, Purple Medick)
- Angelica (Angelica Archangelica, Root of Holy Ghost)
- Anise (Pimpinella Anisum, Aniseed, Sweet Cumin)
- Asafoetida (Ferula Asafetida, Assant, Fum, Giant Fennel, Devil's Dung)
- Aspen (Populi cortex, Populi folium)
- Bilberry (Vaccinium Myrtillus)
- Black cohosh (Cimicifuga Racemosa, Bugwort, Black Snakeroot, Banberry)
- Bogbean (Menyanthes Trifoliata, Water Shamrock, Buckbean, Marsh trefoil)
- Boldo (Peumus Boldus, Boldine)
- Borage seed oil (Borago Officinalis, Starflower, Borage)
- Capsicum (Capsicum, Frutescen, African Pepper, Cayenne, Chili pepper)
- Cayenne (Capsicum Frutescens)
- Celery (Apium graveolens, Smallage, Apii Fructus)
- *Chondroitin
- Clove (Syzygium Aromaticum, Caryophyllus)
- Danshen (Salvia Miltiorrhiza, Red Sage, Aalvia Root)
- Don Quai (Angelica Sinesis, Danggui, Chinese Angelica)
- *Echinacea (Echinacea Augustfolia)
- *Eicosapentaenoic Acid
- *Ephedra (Ma Huang)
- European Mistletoe (Viscum Album, Devil's Fuge, Drudenfuss, All-Heal)
- Fenugreek (Trigonella Foenum-Graecum, Bird's Foot, Greek Hay)
- Feverfew (Tanacetum Parthenium, Bachelor's Button, Featherfew, Midsummer Daisy)
- Fish Oils (Omega- 3 Fatty Acids)
- Fucus (Focus Vesiculosus, Kelp, Black tang, Bladderwrack, Cutweed)
- *Garlic (Allium Sativum, Nectar of the Gods, Stinking Rose)
- *Ginger (Zingiber Officinale)
- *Ginkgo (Ginkgo Biloba, Maifenhair)
- *Ginseng (Panax Ginseng, Asian Ginseng, Korean Red, Jintsam)
- *Glucosamine
- *Goldenseal (Hydrastis Canadensis, Eye Balm, Yellow Puccoon)
- Hawthorne (Crataegus Laevigata)
- Horse Chestnut (Aesculus Hippocastanum, Escine, Venostat)
- Horseradish (Armoracia Rusticana, Pepperroot, Mountain Radish)
- *Kava Kava (Piper Methysticum)
- Licorice (Glycyrrhiza Glabra, Sweet Root)
- Ma Huang Ephedra Sinica)
- Meadowseet (Filipendula Ularia, Bridewort, Dropwort)
- Melatonin
- *Milk Thistle
- Northern Prickly ash (Xanthoxylum Americanum, Pepperwood, Toothache Bark)
- Onion (Allium Cepa)
- Papain (Carica Papaya)
- Passionflower (Passiflora Incarnata, Apricot Vine, Maypop)
- Pau D' Arco (Tabebuia Ampetiginosa, Ipes, Taheebo Tea, Lapacho)
- Plantain (Plantago Major, Common Plantain, Greater Plantain)
- Poplar (Populus Tacamahacca, Balm of Gilead)
- Red Clover (Trifolium Pratense)
- *St. John's Wort (Hypericum Perforatum)
- *Saw Palmetto
- *Valerian (Valeriana Officinalis)
- *Vitamin E
- Yohimbe